

Lunch

@ The Ballymore Inn

Lunch Menu served Wednesday - Saturday 12.30 - 4pm

LIGHTER OPTIONS, SALADS & SHARING.....

Soup of the day , <i>fresh sourdough & brown treacle bread 1 wheat,7 (Coeliac Adaptable)</i>	8.50
Mezze Plate (V) , <i>Roasted red pepper hummus, falafel, babaganoush, homemade flatbread 1 wheat,8,10,11,12 (C.A)</i>	14.95
Spicy Chicken Wings , <i>toasted sesame seeds, creme fraiche & garlic dip 1 wheat,6,7,11 (Sharing bowl 15.95)</i>	9.95
Potato Skins , <i>Hegarty's cheddar & parmesan sauce, crispy bacon 1 wheat,7</i>	11.95
Chicken Liver Pate , <i>Apricot chutney, fresh toasted sourdough 1 wheat,6,7 (C.A)</i>	14.50
Wild mushroom & smoked mozzarella arancini (V) <i>Parsley aioli, aged parmesan 1 wheat,3,7,12</i>	13.95
Avocado & Orange Salad (V) , <i>Sliced avocado & orange, spiced pecans, honey lemon dressing 7,8,10,11,12 (Add a chicken breast & a side 23.95)</i>	14.95

SAMBOS.....

Slow roasted pulled pork , <i>toasted brioche, house barbeque sauce, rocket, red cabbage slaw, house fries or soup 1 wheat,3,7,10,12 (C.A)</i>	17.90
Duncannon Fish Burger , <i>panko crumbed hake, garden salad, signature citrus slaw, dill & lemon aioli on toasted brioche, house fries or soup 1 wheat,3,4,7,10,12</i>	17.90
Ardsallagh goats cheese (V) , <i>toasted sourdough, salad leaves, roasted red peppers, onion, basil pesto, house fries or soup 1 wheat, 7,8,10 (C.A)</i>	17.90
West Cork Hereford steak sandwich , <i>chargrilled sourdough, 6oz Hereford sirloin steak, melted Hegarty's cheddar, saute shallot & mushroom, crispy onions, rocket, homemade tomato chutney, house fries 1 wheat, 7,10,12</i>	23.95

Allergens- 1. Gluten 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soybeans 7. Dairy 8. Nuts
9. Celery 10. Mustard 11. Sesame Seeds 12. Sulphites 13. Lupin 14 Molluscs

MENU CLASSICS.....

The Ballymore Inn beef burger *Hegartys cheddar, tomato, lettuce, bacon jam, crispy gherkin, whole grain mustard mayo, fries 1 wheat,3,7,8,12 (C.A)* **20.50**

Duncannon fish & chips *Hake from Duncannons of New Ross, Dew drop lager batter, pea puree, fries, tartare sauce 1 wheat,3,4,7,10,12* **23.95**

Thai green curry, *Free range chicken breast or prawns (3 euro supplement), garden greens, lemongrass, fresh coriander, basmati rice, homemade naan bread 1 wheat,7 (C.A) (Vegetarian option 18.50)* **25.95**

Stonebaked pizza, *Please ask your server for pizza menu 1 wheat, 7*

Your server will inform you of today's fresh pan fried fish from Duncannon along with our other daily specials and should you wish a cooked steak we have sirloin & fillet options always available. We also have a separate Vegetarian & Vegan menu available.

EXTRA SIDES

Bowl of buttery champ mash potato, scallions **5.50**

Bowl of saute baby potatoes, chives **5.50**

Bowl of garden greens, tossed in ginger **5.50**

Bowl of naked potato skins, seasoned with maldon salt **5.50**

DESSERTS

Tart of the day *With vanilla ice cream or cream 1 wheat,3,7* **9.45**

Lemon cheesecake *with mixed berry coulis, vanilla ice cream 1 wheat,* **9.45**

Warm chocolate brownie *Vanilla ice cream 1 wheat,3,7* **9.45**

Eton mess with lemon curd *crushed meringue, berries, lemon curd, citrus biscuit 1 wheat,3,7,8 (C.A)* **9.45**

Glenowen ice cream *Chocolate, praline & vanilla with cookie 1 wheat,3,7,8 (C.A)* **8.95**

Poached pear *Praline ice cream, orange tuile, butterscotch sce 1 wheat,7,8,12 (C.A)* **9.45**

Homemade florentine, shortbread or gluten free & vegan hazelnut clusters **4.50**

Check out our Kitchen Shop which stocks our fresh breads, tarts, dressings, handmade chocolates & stock from our Sister premises Firecastle in Kildare town & craft beers from our brewery in The Dewdrop Brewhouse in Kill Co. Kildare.

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