

VEGETARIAN & VEGAN MENU OPTIONS

Cocktail special - prosecco & raspberry €10.00

Fresh juice - apple & ginger OR orange €5.20

STARTERS

Avocado & orange salad, spiced pecans, honey lemon dressing 7,8,10,11,12 € 13.95

Smoked Knockanore, tomato & red pepper arancini (vegetarian) 1,3,7 € 13.95

Mezze plate, Roasted red pepper hummus, falafel, babaganoush, flat bread (Vegetarian) (vegan option) 1,8,10,11,12 € 13.95

Roasted red pepper hummus, garden salad, yoghurt & mint dressing, naan bread (vegetarian) 1,7,10,11,12 (C.A) € 14.95

Vegetable tempura with ponzu & srircha mayo (vegetarian) 1,3,10,11,12 € 14.95

MAINS & PIZZA

Pizza with Roast Pepper, Spinach, Vegan Mozzarella & Chilli Oil (vegan) 1,6 € 19.95

Pizza with Ardsallagh Goat's Cheese, Peppers & Pesto (vegetarian) 1,7,8 € 20.95

Korma, Roasted sweet potato & butternut squash, spiced yoghurt & almond sauce, homemade naan bread 1,7,8 (C.A) (Vegetarian) € 18.50

Stuffed Peppers, cherry tomato & mint pesto choice of mozzarella or vegan cheese with side salad (vegan) 6,7,10,11 € 16.50

Homemade Linguine, Creamy hazelnut pesto, garden kale, fried broccolli, parmesan shavings, garlic croute 1,2,3,7,8,12 (Vegetarian) € 18.50

SIDES: € 5.50

garlic & coriander Flat bread /Homemade fries/Basmati rice/
Salad leaves with cherry tomatoes, honey & lemon dressing

Vegan = V

Vegetaraian = VG

DESSERTS

Tart of the day with cream/ice cream (vg) 1,3,7,8 € 9.45

Lemon curd on pistachio meringue, raspberries, shortbread, fruit coulis (vg) 1,3,6,7,8 (C.A) € 9.45

Glenowen chocolate, praline & vanilla icecream with cookie (vg) 1,3,7,8 € 8.95

Warm chocolate brownie with vanilla icecream (vg) 1,3,7 € 9.45

Poached pear, vegan ice cream, orange tuile, caramel sauce (v) 1,8,12 (C.A) € 9.45

Sticky toffee pudding, vanilla ice cream (vg) 6,7,8 € 9.45

Coffee with homemade florentine, flapjack or shortbread 1,3,5,7,8,11 € 8.95

Coffee with homemade gluten free chocolate, almond & medjool date bar 5,8 € 8.95

Tea € 3.70

Coffee, Espresso € 3.95

Cappuccino, Latte € 4.95

Hot Chocolate € 4.95

Kitchen Shop now open! Stock up on all your favourite goodies.

14 Allergens: 1 Cereals, gluten 2 Crustaceans 3 Eggs 4 Fish 5 Peanuts 6 Soy Beans 7 Milk/Cream 8 Nuts 9 Celery 10 Mustard 11 Sesame 12 Sulphur Dioxide/Sulphites 13 Lupin 14 Molluscs