

VEGETARIAN & VEGAN MENU OPTIONS

Cocktail special - prosecco & raspberry €10.00

Fresh juice - apple & ginger OR orange €5.20

STARTERS

Avocado & orange salad, spiced pecans, honey lemon dressing 7,8,10,11,12 € 13.95

Smoked Knockanore, tomato & red pepper arancini € 13.95
(vegetarian) 1,3,7

Mezze plate, Roasted red pepper hummus, falafel, babaganoush, flat bread € 13.95
(Vegetarian) (vegan option) 1,8,10,11,12

Roasted red pepper hummus, garden salad, yoghurt & mint dressing, naan bread € 14.95
(vegetarian) 1,7,10,11,12 (C.A)

Vegetable tempura with ponzu & srircha mayo € 14.95
(vegetarian) 1,3,10,11,12

MAINS & PIZZA

Pizza with Roast Pepper, Spinach, Vegan Mozzarella & Chilli Oil € 19.95
(vegan) 1,6

Pizza with Ardsallagh Goat's Cheese, Peppers & Pesto € 20.95
(vegetarian) 1,7,8

Korma, Roasted sweet potato & butternut squash, spiced yoghurt & almond sauce, € 18.50
homemade naan bread 1,7,8 (C.A) (Vegetarian)

Stuffed Peppers, cherry tomato & mint pesto choice of mozzarella or vegan cheese € 16.50
with side salad (vegan) 6,7,10,11

Homemade Linguine, Creamy hazelnut pesto, garden kale, fried broccolli, € 18.50
parmesan shavings, garlic croute 1,2,3,7,8,12 (Vegetarian)

SIDES: € 5.50
garlic & coriander Flat bread /Homemade fries/Basmati rice/
Salad leaves with cherry tomatoes, honey & lemon dressing

Vegan = V

Vegetaraian = VG

DESSERTS

Tart of the day with cream/ice cream (vg) 1,3,7,8	€ 9.45
Lemon curd on pistachio meringue, raspberries,shortbread, fruit coulis(vg)1,3,6,7,8 (C.A)	€ 9.45
Glenowen chocolate, praline & vanilla icecream with cookie (vg) 1,3,7,8	€ 8.95
Warm chocolate brownie with vanilla icecream (vg) 1,3,7	€ 9.45
Poached pear, vegan ice cream, orange swirl, caramel sauce (v) 1,8,12 (C.A)	€ 9.45
Sticky toffee pudding, vanilla ice cream (vg) 6,7,8	€ 9.45
Coffee with homemade florentine, flapjack or shortbread 1,3,5,7,8,11	€ 8.95
Coffee with homemade gluten free chocolate, almond & medjool date bar 5,8	€ 8.95
Tea	€ 3.70
Coffee, Espresso	€ 3.95
Cappuccino, Latte	€ 4.95
Hot Chocolate	€ 4.95

Kitchen Shop now open! Stock up on all your favourite goodies.

14 Allergens: 1 Cereals, gluten 2 Crustaceans 3 Eggs 4 Fish 5 Peanuts 6 Soy Beans 7 Milk/Cream
8 Nuts 9 Celery 10 Mustard 11 Sesame 12 Sulphur Dioxide/Sulphites 13 Lupin 14 Molluscs