

Ballymore Inn Lunch Menu

SERVED WEDNESDAY, THURSDAY & FRIDAY 12.30PM UNTIL 4PM

STARTERS & SMALL PLATES

Soup of the day <i>Served with this mornings fresh sourdough bread 1, 7 (Coeliac Adaptable)</i>	8.45
Spicy chicken wings <i>Toasted sesame seeds, creme fraiche & garlic dip 1, 6, 7, 11</i> (Sharing 15.95)	9.95
Chicken liver pate, <i>Apricot chutney, mornings fresh toasted sourdough 1, 6, 7 (C.A)</i>	12.95
Smoked Knockanore, tomato & red pepper arancini (V) <i>Tomato & basil sauce, aged parmesan 1, 3, 7</i>	13.95
Pear & pecan salad, (V) <i>Spiced pecans, crozier blue cheese dressing 7, 8, 11, 12 (Add a chargrilled breast of free range chicken & a side 22.95)</i>	14.95

MAIN COURSE

Chargrilled chicken pesto <i>Chargrilled breast of free range chicken, melted mozzarella, basil pesto, cherry tomato & cucumber salad on homemade toasted sourdough with a choice of soup or house fries 1,7,8</i>	17.95
The Ballymore Inn beef burger <i>Hegartys cheddar, tomato, lettuce, bacon jam, whole grain mustard mayo, house fries 1,3,4,7,8 (C.A)</i>	19.95
Halloumi fritters & chickpea tagine (V) <i>Halloumi fritters, almonds, tahini dressing, flat bread 1,8 (C.A)</i>	21.50
Duncannon fish & chips <i>Hake Duncannons of New Ross, Dew drop lager batter, pea puree, house fries, tartare sauce 1,3,9,</i>	23.50
12 hour braised featherblade of beef <i>Mulled red cabbage, turnip & Milleen cheese puree, honey roast carrot, champ mash 7,12</i>	26.00
Thai green chicken curry, <i>Lemongrass, ginger, coconut, Basmati rice, garlic & flat bread 1,4,5,7,11 (C.A)</i>	25.50
West Cork hereford steak salad <i>Chargrilled Hereford sirloin, saute potatoes, crispy onions, cherry tomato, chilli & lime dressing 1,6 (C.A)</i>	26.95
Fish of the day specials <i>Check out our specials board and please ask server for allergens</i>	
Stone oven Pizza <i>Margherita, tomato sauce, mozzarella (or vegan cheese) fresh basil 1,7</i>	15.95
<i>Hot & spicy Margherita pizza, Topped with pepperoni & chilli 1,7</i>	17.95
<i>Clonakilty black pudding, crispy bacon, mushroom & garlic 1,7</i>	19.95
<i>Ardsallagh goats cheese pizza, Roasted peppers & pesto 1,7,8</i>	20.95

DESSERTS

Tart of the day <i>With cream or ice cream 1,3,7,8</i>	9.45	Warm chocolate brownie <i>Vanilla ice cream 1,3,7</i>	9.45
Pistachio meringue <i>Wild berries & fruit compote 3,7,8</i>	8.45	Glenowen ice cream <i>Chocolate, praline & vanilla with cookie 1,3,7,8</i>	8.45
Sticky toffee pudding <i>Walnut crumb, vanilla ice cream 1,3,7,8</i>	9.45	Lime posset <i>Served with homemade shortbread biscuit 1,7</i>	9.45

Tea or Americano with a homemade florentine, shortbread or gluten free choc, almond & medjool date bar 7.95