

----- STARTERS & SMALL PLATES -----

Soup of the day <i>Served with this mornings fresh sourdough bread 1, 7 (Coeliac Adaptable)</i>	8.45
Spicy chicken wings <i>Toasted sesame seeds, creme fraiche & garlic dip 1, 6, 7, 11</i>	9.95 <i>(Sharing 15.95)</i>
Buratta, beetroot, pea & avocado salad (V) <i>Orange, balsamic dressing, spiced pecans 7, 8</i>	12.95
Chicken liver pate, <i>Apricot chutney, mornings fresh toasted sourdough 1, 6, 7 (C.A)</i>	12.95
Smoked Knockanore, tomato & red pepper arancini (V) <i>Tomato & basil sauce, aged parmesan 1, 3, 7</i>	12.95
Smoked haddock chowder <i>Bacon & leek, soft egg, homemade brown treacle bread 1, 3, 4, 6, 7 (C.A)</i>	14.95 <i>(Main course with champ mash 24.50)</i>
Prawn tempura <i>Edamame bean & wakame, ponzu, sriracha mayo 1, 3, 6, 8</i>	20.95

----- MAIN COURSE -----

Moroccan chicken <i>Chargrilled chicken breast, spicy bulgur wheat, pistachio, apricot & lemon chutney, tahini dressing 1,8,11 (C.A)</i>	24.00
12 hour braised featherblade of beef <i>Mulled red cabbage, turnip & Milleen cheese puree, honey roast carrot, champ mash 7,12</i>	26.00
Lamb burger, garlic & coriander naan <i>Tobacco onions, apricot chutney, cucumber tzatziki, mixed leaves, house fries 1,3,6,7,12</i>	22.50
The Ballymore Inn beef burger <i>Hegartys cheddar, tomato, lettuce, bacon jam, whole grain mustard mayo, house fries 1, 3, 4, 7, 8 (C.A)</i>	20.50
Thai green chicken curry, <i>Lemongrass, ginger, coconut, Basmati rice, garlic & flat bread 1,4,5,7,11 (C.A)</i>	25.50
Duncannon fish & chips <i>Hake Duncannons of New Ross, Dew drop lager batter, pea puree, house fries, tartare sauce 1,3,9,</i>	23.50
Wild mushroom & hazelnut linguine (V) (add chicken 5 euro supplement) <i>Parmesan cream, gubbeen cheese, cracked black pepper, garlic sourdough 1,4,7,8,11</i>	21.95
Halloumi fritters & chickpea tagine (V) <i>Halloumi fritters, almonds, tahini dressing, flat bread 1, 8 (C.A)</i>	22.50
West Cork Hereford steak salad <i>Chargrilled Hereford sirloin, saute potatoes, crispy onions, cherry tomato, chilli & lime dressing 1, 6 (C.A)</i>	26.95
Chargrilled "Pigs on the green" rack of pork <i>Asian greens, carrot & pepper stir fry, black bean sauce, coriander rice or egg noodles 1, 3, 6 (C.A)</i>	26.00
West Cork 8oz Fillet steak <i>Onion rings, mushroom, turnip & milleen puree, Dewdrop ale pepper sauce or crozier blue bernaise 1, 3, 7 (C.A)</i>	39.00
Stone oven Pizza <i>Margherita, tomato sauce, mozzarella (or vegan cheese) fresh basil 1,7</i>	15.95
<i>Hot & spicy Margherita pizza, Topped with pepperoni & chilli 1,7</i>	17.95
<i>Clonakilty black pudding, crispy bacon, mushroom & garlic 1,7</i>	19.95
<i>Ardsallagh goats cheese pizza, Roasted peppers & pesto 1,7,8</i>	20.95

----- DESSERTS -----

Tart of the day <i>With cream or ice cream 1, 3, 7, 8</i>	9.45	Warm chocolate brownie <i>Vanilla ice cream 1, 3, 7</i>	9.45
Pistachio meringue <i>Wild berries & fruit compote 3, 7, 8</i>	8.45	Glenowen ice cream <i>Chocolate, praline & vanilla with cookie 1, 3, 7, 8</i>	8.45
Sticky toffee pudding <i>Butterscotch sauce, walnut crumb, vanilla ice cream 1, 3, 7, 8,</i>	9.45	Lime posset <i>Served with homemade shortbread biscuit 1, 7</i>	9.45
Tea or Americano with a homemade florentine, shortbread or gluten free choc, almond & medjool date bar	7.95		